

St. Raymond of Peñafort Catholic Church

Basic Catholic Prayers and Lists for Grades K-8

Each student is expected to master the prayers and lists introduced at the grade level indicated in this booklet, building on the previous year's requirements. The only way a student can master a prayer is through repetition, and the only way to master the required list is by memorization. Parents are expected to teach these prayers and lists to their children. ***Praying regularly at home will help to master the required prayers, and memorization drills will help with learning the lists.*** The children will be evaluated in Religious Education class to measure success in this endeavor.

Parents: Please work with your children to learn the prayers/lists contained in this booklet – starting from the beginning (Grade K) and through those prayers/lists for their grade level.

Prayers/Lists

➤ Prayers/lists introduced and learned in Kindergarten:

1. The Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

2. Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning is now and ever shall be world without end. Amen

3. Hail Mary

Hail Mary, full of grace the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

4. The Lord's Prayer (Our Father)

Our Father, Who art in Heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

5. The Books of the Old Testament

Genesis	Exodus	Leviticus	Numbers
Deuteronomy	Joshua	Judges	Ruth
1 Samuel	2 Samuel	1 Kings	2 Kings
1 Chronicles	2 Chronicles	Ezra	Nehemiah
Tobit	Judith	Esther	1 Maccabees
2 Maccabees	Job	Psalms	Proverbs
Ecclesiastes	Song of Songs	Wisdom	Sirach
Isaiah	Jeremiah	Lamentations	Baruch
Ezekiel	Daniel	Hosea	Joel
Amos	Obadiah	Jonah	Micah
Nahum	Habakkuk	Zephaniah	Haggai
Zechariah	Malachi		

Please note: Go to the Parish website (<http://straymonds.org/>) and under the Religious Education drop down menu look for *The Catholic Books of the Bible Song* video – there you will find a catchy tune by which the children can learn these names.

6. The Books of the New Testament

Matthew	Mark	Luke	John	
Acts	Romans	1 Corinthians	2 Corinthians	Galatians
Ephesians	Philippians	Colossians	1 Thessalonians	2 Thessalonians
1 Timothy	2 Timothy	Titus	Philemon	Hebrews
James	1 Peter	2 Peter	1 John	2 John
3 John	Jude	Revelation		

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➤ Prayer introduced and learned in **First Grade:**

1. The Guardian Angel Prayer

Angel of God, my guardian dear, to whom God's love commits me here. Ever this day be at my side to light and guard, to rule and guide. Amen

➤ Prayers/lists introduced and learned in **Second Grade:**

1. An Act of Contrition

O My God, I am heartily sorry for having offended Thee, and I detest all my sins, because of Thy just punishments, but most of all, because they offend Thee my God, Who are all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to sin no more and to avoid the near occasion of sin. Amen

2. The Prayer of Fatima

O my Jesus, forgive us our sins, save us from the fires of Hell and lead all souls to Heaven, especially those in most need of Thy mercy. Amen.

3. Prayer to Saint Michael

St. Michael, the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and do thou, O prince of the Heavenly hosts, by the power of God, thrust into Hell Satan and all the evil spirits who prowl about the world, seeking the ruin of souls. Amen.

4. The Ten Commandments (in order)

1. I am the Lord your God; you shall not have other gods before Me.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Lord's Day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not lie.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

➤ Prayers/lists introduced and learned in **Third Grade:**

1. Grace before meals

Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty, through Christ Our Lord. Amen

2. Grace after meals

We give Thee thanks for all Thy benefits, O Almighty God, who lives and reigns forever. Amen

3. The Seven Sacraments

- a. Baptism
- b. Penance
- c. Holy Eucharist
- d. Confirmation
- e. Marriage
- f. Holy Orders
- g. Anointing of the Sick

➤ Prayers/lists introduced and learned in **Fourth Grade:**

1. Hail Holy Queen

Hail, holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve: to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus, O clement, O loving, O sweet Virgin Mary! Pray for us, most holy Mother of God, that we may be made worthy of the promises of Christ. Amen.

2. Morning Offering

O Jesus, through the Immaculate Heart of Mary,
I offer You all my prayers, works, joys and sufferings
of this day for all the intentions of Your Sacred Heart,
in union with the Holy Sacrifice of the Mass throughout the world,
in reparation for my sins,
for the intentions of all my associates,
and in particular for those recommended by the Holy Father this month. Amen.

3. The Three Theological Virtues

The three Theological Virtues are faith, hope and charity.

4. The Four Cardinal Virtues.

The four Cardinal Virtues are prudence, justice, fortitude and temperance.

➤ Prayers/lists introduced and learned in **Fifth Grade**:

1. The Apostle's Creed

I believe in God, the Father Almighty, Creator of Heaven and earth; And in Jesus Christ, His only Son, Our Lord; Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; He descended into hell; on the third day He arose again from the dead; He ascended into Heaven, and is seated at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead.

I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

2. Anima Christi

Soul of Christ, sanctify me.

Body of Christ, save me.

Blood of Christ, inebriate me.

Water from the side of Christ, wash me.

Passion of Christ, strengthen me.

O good Jesus, hear me;

Within Thy wounds hide me;

Suffer me not to be separated from Thee;

From the malignant enemy defend me;

In the hour of my death call me,

And bid me come to Thee,

That with thy Saints I may praise thee for ever and ever. Amen.

3. The Twelve Apostles chosen by Christ

Bartholomew	Andrew	Philip	Thomas	James the Greater
James the Lesser	John	Judas	Jude Thaddeus	
Simon	Simon Peter	Matthew		

4. The Mysteries of the Rosary

The Joyful Mysteries

1. The Annunciation
2. The Visitation
3. The Nativity
4. The Presentation in the Temple
5. The Finding of the Child Jesus after Three Days in the Temple

The Sorrowful Mysteries

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion and Death of Our Lord

The Glorious Mysteries

1. The Resurrection
2. The Ascension
3. The Descent of the Holy Spirit at Pentecost
4. The Assumption of Mary
5. The Crowning of the Blessed Mother as Queen of Heaven and Earth

The Luminous Mysteries

1. The Baptism at the Jordan
2. The Miracle at Cana
3. The Proclamation of the Kingdom of God and Call to Conversion
4. The Transfiguration of Our Lord
5. The Institution of the Holy Eucharist at the Last Supper

➤ Prayers/lists introduced and learned in **Sixth Grade:**

1. The Seven Deadly Sins

1. Pride (an exaggerated opinion of oneself)
2. Avarice/Greed (uncontrolled desire for earthly things, such as money, clothes, etc.)
3. Envy (unhappiness or discontent over the good fortune or success of others)
4. Wrath/Anger (an uncontrolled feeling of displeasure and antagonism)
5. Lust (an uncontrolled desire for sexual pleasure)
6. Gluttony (an uncontrolled use of food and drink)
7. Sloth (laziness or carelessness in doing right and practicing virtue because of the work and effort needed to do so)

2. The Nine Beatitudes

1. Blessed are the poor in spirit, for theirs is the kingdom of Heaven.
2. Blessed are those who mourn, for they shall be comforted.
3. Blessed are the meek, for they shall inherit the earth.
4. Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.
5. Blessed are the merciful, for they shall obtain mercy.
6. Blessed are the pure in heart, for they shall see God.
7. Blessed are the peacemakers, for they shall be called sons of God.
8. Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of Heaven.
9. Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in Heaven.

3. Prayer Before a Crucifix

Look down upon me, good and gentle Jesus, while before Your face I humbly kneel and, with burning soul, pray and beseech You to fix deep in my heart lively sentiments of faith, hope and charity; true contrition for my sins, and a firm purpose of amendment. While I contemplate, with great love and tender pity, Your five most precious wounds, pondering over them within me and calling to mind the words which David, Your prophet, said of You, my Jesus:

"They have pierced My hands and My feet, they have numbered all My bones."
Amen.

4. The Precepts of the Church

1. Attend Mass on Sundays and Holy Days of Obligation and rest from servile labor.
2. Confess your sins at least once a year.
3. Receive the Sacrament of the Eucharist at least during the Easter season.
4. Observe the days of fasting and abstinence established by the Church.
5. Help provide for the needs of the Church.
6. Obey the laws of the Church concerning Matrimony*
7. Participate in the Church's mission of evangelization of souls*

*not found in the student text book

➤ Prayers/lists introduced and learned in **Seventh Grade**:

1. The name given to the first five books of the Old Testament

*Genesis	Exodus	Leviticus	Numbers
Deuteronomy*	[Joshua	Judges	Ruth
1 Samuel	2 Samuel	1 Kings	2 Kings
1 Chronicles	2 Chronicles	Ezra	Nehemiah
Tobit	Judith	Esther	1 Maccabees
2 Maccabees	Job	Psalms	Proverbs
Ecclesiastes	Song of Songs	Wisdom	Sirach
Isaiah	Jeremiah	Lamentations	Baruch
Ezekiel	Daniel	Hosea	Joel
Amos	Obadiah	Jonah	Micah
Nahum	Habakkuk	Zephaniah	Haggai
Zechariah	Malachi]		

***Pentateuch: the first five books of the Hebrew Bible (Genesis, Exodus, Leviticus, Numbers, and Deuteronomy. Also called the "Torah"**

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2. Prayer to the Holy Spirit

Come Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth. O God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations. Through Christ Our Lord. Amen.

3. The Seven Gifts of the Holy Spirit

- a. Wisdom
- b. Understanding
- c. Knowledge
- d. Counsel
- e. Fortitude
- f. Piety
- g. Fear of the Lord

4. The twelve fruits of the Holy Spirit

charity joy peace patience kindness goodness generosity
gentleness faithfulness modesty self-control chastity

5. The Holy Days of Obligation in the United States in order of the Liturgical Year

- 1. The Immaculate Conception – December 8
- 2. Christmas – December 25
- 3. Mary, Mother of God – January 1
- 4. Ascension Thursday – 40 days after Easter
- 5. The Assumption – August 15
- 6. All Saints' Day – November 1

➤ Prayers/lists introduced and learned in **Eighth Grade**:

1. Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

(continued on next page)

2. The Corporal Works of Mercy

1. Feed the hungry
2. Shelter the homeless
3. Give drink to the thirsty
4. Clothe the naked
5. Visit the sick
6. Visit the imprisoned
7. Bury the dead

3. The Spiritual Works of Mercy

1. Admonish the sinner
2. Pray for the living and the dead
3. Instruct the ignorant
4. Counsel the doubtful
5. Forgive all injuries
6. Bear wrongs patiently
7. Comfort the sorrowful