

# Supplement to Parent/Student Handbook

## Sacrament of Confirmation 2018



## St. Raymond of Peñafort Catholic Church

### Springfield, Virginia

**Please note: ALL FORMS REFERENCED IN THIS BOOKLET CAN BE PICKED UP IN THE RELIGIOUS EDUCATION OFFICE.**

### **Requirements for both 7<sup>th</sup> Grade and 8<sup>th</sup> Grade:**

- Candidate must attend and participate in 75% of weekly scheduled Religious Education classes. Students who miss one-quarter or more of the scheduled classes may be required to retake the course work for that year in the following year's Religious Education program.
- Candidate should study for and pass, with a minimum score of 70%, ALL Confirmation related tests administered during the 7<sup>th</sup> and 8<sup>th</sup> grade Confirmation preparation years.
- Candidate is required to perform a combination of 20 hours of church service as outlined in this supplement, and a total of 5 home service hours, between 7<sup>th</sup> and 8<sup>th</sup> grade. (p. 10)
- Candidate must complete the Service Hours Record and Experience Forms. (pp. 12-17)
- Candidate must document Mass attendance by placing Mass Attendance cards in the collection basket at Mass on Sundays and Holy Days of Obligation. Candidate must meet a 75% fulfillment goal for the Seventh Grade year and again for the Eighth Grade year. Candidates will receive attendance cards within the first month of class.
- Candidate will be required to successfully write out or recite the Apostles' Creed.

### **Requirements specific to 7<sup>th</sup> Grade:**

- Candidate will conduct a Confirmation sponsor interview. (p. 7)
- Candidate must select a saint's name as a Confirmation name. Candidates are required to write and submit a report on the chosen saint. (p. 8)

### **Requirements specific to 8<sup>th</sup> Grade:**

- Candidate is required to participate in the Confirmation Retreat. If a candidate does not attend the Confirmation Retreat offered at St. Raymond's Parish, he/she must find and attend another Confirmation Retreat within the Diocese of Arlington within their eighth grade year and prior to the date of the Confirmation Mass.
- Candidate will complete Gown Order Form (p. 19)
- Candidate must turn in signed Pledge and Promise form (p. 21)
- Candidate must participate in a Confirmation interview with one of the parish priests.

## Preparation for Confirmation:

### Important Dates

**\*\* Please note that fulfilling the Confirmation requirements begins in the pre-Confirmation year of Seventh Grade \*\***

Date	Description
January 13, 2017	<b>Deadline:</b> Confirmation Registry Form due to Religious Education Office with Baptismal Certificate attached
March 17, 2017	<b>Deadline:</b> Confirmation Sponsor Interview due to Religious Education Office
April 7, 2017	<b>Deadline:</b> Saint Report due to Religious Education teacher
April 28, 2017	<b>Deadline:</b> Seventh Grade Class Project Experience Form due to Religious Education Office
December 15, 2017	<b>Deadline:</b> Service Hours Form and Service Hours Experience forms due to Religious Education Office
January 26, 2018	<b>Deadline:</b> Sponsor Eligibility Letter (from sponsor's home parish) due to Religious Education Office.  Sponsor Promise due to Religious Education Office
March 14, 2018	<b>Deadline:</b> Confirmation Gown Order Form due to Religious Education Office
March 3, 2018	<b>Mandatory:</b> Confirmation Retreat
April 30, 2018	<b>Deadline:</b> 75% Mass attendance cards due to Religious Education Office
April / May 2018	Confirmation Interviews - must turn in Pledge and Promise form;      Written Final Exam
May 21, 2018 May 22, 2018	Confirmation Rehearsal (Sponsor should attend) Ritual Mass of the Sacrament of Confirmation

## Guidelines for Selecting a Confirmation Name

For Confirmation, you receive another name in addition to your Baptismal name to remind you (1) that you are to place yourself under the protection of another patron saint, who is your advocate before God; and (2) that you are to imitate the exemplary life of the new patron. You may choose a name to honor that saint and/or to make that saint your special patron. You should make it a habit to pray to this saint as you prepare to receive the sacrament of Confirmation.

Good websites that you may find helpful in selecting your Confirmation name are:

<http://www.catholic.org/saints/stindex.php>

<http://www.ewtn.com/saintsholy>

<http://www.newadvent.org/cathen>

At the same site you can find a listing of patron saints by subject:

<http://www.catholic.org/saints/patron.php>

For example, if you wanted to be an athlete, you might choose St. Sebastian. He is the patron saint of athletes because of his physical endurance and his energetic way of spreading and defending the Faith.

## Guidelines for Selecting a Confirmation Sponsor

All candidates for Confirmation are presented to the bishop by a sponsor, who “is to take care that the person confirmed behaves as a true witness of Christ and faithfully fulfills the duties inherent in this sacrament” (*Code of Canon Law, canon 892*). This is a lifelong commitment on the part of the sponsor. A sponsor should be actively living out the Catholic Faith and serve as a role model for you.

The sponsor must be at least sixteen years of age, a practicing Catholic who will help you fulfill the responsibilities of Confirmation, and someone who has already received the sacraments of Baptism, Confirmation, and the Eucharist. *The sponsor cannot be a parent of the candidate.*

In addition, the sponsor should meet the following qualifications:

- Practicing Catholic who attends Mass on Sundays and Holy Days of Obligation;
- If married, current marriage is a valid Catholic marriage;
- Is not cohabiting; that is, living together without marriage.
- Be living a life that is not publicly gravely inconsistent with the teachings of the Catholic Church.

**A PARENT MAY NOT BE A SPONSOR**, though they may present their child to the Bishop as a proxy in the event the candidate’s sponsor is unable to be present for the Confirmation Mass.

## Interviewing a Saint

**Due April 7, 2017**

The saints lived heroic lives of doing acts of service for God and others. They provide us with examples of how we can be people of service, charity, and obedience to God's commandments and people who express the Faith by what we do. Many saints also spread the Catholic faith by their words. They were willing to defend the message of Christ against the attacks of those who defame or distort the truths of God. Armed with the gifts of the Holy Spirit, the saints were given the strength and courage to defend the Faith, even to the point of physical death (i.e., martyrdom).

Write a newspaper article, in the form of an interview, based on your saint's life. The responses should be written in the first person (that is, use the word I as in; *I had a devotion to the Blessed Virgin Mary from a young age*). Show how the saint spread and/or defended the Faith through action and/or words, using the interview questions provided below. You may want to consult reference material available in your school, your parish library, from the office of the director of religious education, and online. The reference material may contain quotations that you can use in your article (but make sure you quote the source at the end of your report).

*Remember that the goal of this particular article is to point out how the saint spread and/or defended the Faith through action and/or word.*

Good reporters know how to interview persons who are knowledgeable about certain topics. Efficient reporters think about questions they can ask during an interview. Good interviewers also try to think of questions during the interview itself. Some of the answers from the person being interviewed may provoke questions that were not formulated before the interview.

The following questions *must* be asked during your interview:

- What is your special calling in the Church? What kind of work do you do?
- How have the gifts of the Holy Spirit, strengthened in the sacrament of Confirmation, helped you in your special calling in the Church?
- Describe an instance where you were rejected or ridiculed by people as a result of living out your special calling in the church.

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- What role have the corporal and spiritual works of mercy played in your efforts to spread or defend the Catholic faith?

*Choose any 1 question from the following list to ask during your interview:*

- Do any members of your religious community, family, parish, or friends encourage and support you in your good works?
- Have there been times when your work has not gone well?
- Are there occasions when you have thought that your work, in cooperation with God's grace, has gone very well?
- Have you ever thought that God has worked through you to bring others closer to Him?
- Do you ever have the opportunity to explain the Faith to those whom you are helping?

*Then, ask an original question of your own...*one which you come up with based on what you have learned about the saint. The question must be one of substance dealing with the faith. Therefore simple questions such as "Where were you born," "When were you born," and the like are not allowed.

*Finally, conclude with an original (you make it up yourself) prayer to your patron saint requesting their assistance as you prepare for Confirmation*



[Many thanks to Mr. Mike Turk for providing this outline]

## **GUIDELINES FOR SERVICE HOURS for Confirmation Candidates\***

The goal of service hours is to encourage young people to be “Christ-like” in His love for others. Jesus served and prayed for those in need not to feel good about Himself, but because he genuinely loved them and wanted to teach us how to love. Through completion of service hours, the students will hopefully develop a sense of unity with each other (solidarity). Service is not just a job to be done to fulfill a requirement, but something to help the student realize that serving others should be a life-long commitment. Also, it is hoped the hours related to personal prayer will inspire the young people to develop a prayer life. Each candidate for Confirmation must complete a total of 25 service hours between the 7<sup>th</sup> and 8<sup>th</sup> Grade year.

### 1. Church service hours (10 hours)

#### a. 7<sup>th</sup> grade class service projects (5 hours) \*\*

Each class will be assigned/will choose a service project to address the needs of a specific ministry. Examples: Little Sisters of the Poor Nursing Home, Poor Clare Sisters, Diocesan Seminarians, Guadalupe Free Clinic, Christ House, etc. The seventh grade teacher and assistant will work with the students to complete this service by assigning each student a specific responsibility associated with the project. The teacher will also be responsible for signing the student’s service form for this project when complete.

#### b. Church Service Hours (5 hours)

- Each student will be responsible to sign up via the Religious Education Office for service (i.e. Jesus Day, Confirmation reception, Vacation Bible School, or aide in a CCD classroom) to complete this part of their service. Sign up is on a first-come first-served basis.

- Assist at Knights of Columbus events, at the Parish Picnic, Assisting at Breakfast with Santa or the Senior Luncheon, Yard Sale, or other parish events and activities. Religious Education Office will have contact information for each event/activity.

(Students should complete these 10 hours while in the 7<sup>th</sup> grade or in the summer prior to their 8<sup>th</sup> grade year).

\* Service hours requirement does not apply to Catholic School students.

\*\* Does NOT apply to Homeschool students. Homeschool students need to meet requirements in section 1. b. and sections 2 and 3 on following page.

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## 2. Prayer Service Hours (10 hours)

Ten prayer service hours will be required to complete the student's preparation for Confirmation and should be spread out over the two year (7<sup>th</sup> and 8<sup>th</sup> grade) preparation period. (NOTE: you must participate in at least **3 different** prayer opportunities i.e. you may not complete all 10 hours praying the Rosary)

a. Praying before our Lord in the Blessed Sacrament for one hour equals two (2) hours of service. (Parents will sign your booklet once this requirement is completed).

b. Praying the Stations of the Cross at St. Raymond's during Lent is two (2) hours of service. (Parents will sign your booklet once this requirement is completed).

c. Attending the Parish Holy Hour and Rosary in October is two (2) hours of service.

d. Praying the Novena for the Poor Souls in Purgatory IN THE MONTH OF NOVEMBER, is two (2) hours of service. (Parents will sign your booklet once this requirement is completed). You may request a copy of the prayer from the Religious Education Office or you can find the prayer here:

<http://www.ewtn.com/Devotionals/novena/Purgatory.htm>

e. Praying the Christmas Novena (found in this packet) during Advent is two (2) hours of service. (Parents will sign your booklet once this requirement is completed). You may request a copy of the prayer from the Religious Education Office or you can find the prayer here:

<http://www.ewtn.com/Devotionals/novena/christmas.htm>

f. Praying the Most Holy Rosary (5 decades) is one (1) hour of service. (Parents will sign your booklet once this requirement is completed).

g. Praying the Novena to the Holy Spirit nine days prior to Pentecost, is (2) hours of service. (Parents will sign your booklet once this requirement is completed). You may request a copy of the prayer from the Religious Education Office or you can find the prayer here:

<http://www.ewtn.com/Devotionals/pentecost/pent12.htm>

## 3. Home Service Hours (5 hours) can be spread out between the 7<sup>th</sup> and 8<sup>th</sup> Grade year.

a. Assist a parent/grandparent/sibling/relative - – without being asked - with a chore you would not normally do i.e. preparing dinner, washing windows, weeding a garden, cleaning a room other than your own, making sibling(s) lunch(es) for school, etc.

b. Assist a neighbor – mowing the lawn, taking out trash, shoveling snow, weeding a garden, washing windows, etc.



# Personal Checklist

Date Turned into the RE Office

***1<sup>st</sup> Year (7<sup>th</sup> Grade) Requirements:***

- Baptismal Certificate** \_\_\_\_\_
- Class Project Experience Form** \_\_\_\_\_
- Confirmation Registry Form** \_\_\_\_\_
- Saint Report** \_\_\_\_\_
- Service Hour Form** \_\_\_\_\_
- Service Hour Experience Forms** \_\_\_\_\_
- Sponsor Interview** \_\_\_\_\_

***2<sup>nd</sup> Year (8<sup>th</sup> Grade) Requirements***

- Confirmation Gown Order Form** \_\_\_\_\_
- Pledge and Promise Form** \_\_\_\_\_
- Service Hour Form** \_\_\_\_\_
- Service Hour Experience Forms** \_\_\_\_\_
- Sponsor Eligibility Letter** \_\_\_\_\_
- Sponsor Promise** \_\_\_\_\_
- Interview with parish priest** \_\_\_\_\_

