



# CATHOLIC CHARITIES

## Diocese of Arlington

### Legal Guardian Consent Form (for Minor Volunteers at Christ House)

I, \_\_\_\_\_, residing at  
*(Name of Adult)*

\_\_\_\_\_  
*(Street Address, City, State, Zip Code)*

give consent for \_\_\_\_\_, who resides at  
*(Name of Minor)*

\_\_\_\_\_, attends  
*(Street Address, City, State, Zip Code)*

School at \_\_\_\_\_ and who was born on \_\_\_\_\_,  
*(Month / Day / Year)*

to volunteer with Catholic Charities of the Diocese of Arlington (CCDA). My relationship with  
said minor is \_\_\_\_\_. My child is or is not looking for service hours.  
*(Parent, Guardian, etc.) (Circle one)*

I understand that this volunteer activity may expose my child to some risks as outlined in the attachment. I release CCDA of any liability and agree to hold them harmless from any and all claims, demands, actions and proceedings of any kind or nature by or in favor of my child or myself in connection with this voluntary service.

Signed,

\_\_\_\_\_  
*(Parent/Guardian Signature)*

\_\_\_\_\_  
*(Date)*

**(For Children Ages 12 to 14)** As the Parent/Legal Guardian of the above-mentioned Minor, I understand that CCDA is unable to supervise youth volunteers and agree to accompany my child during their service until such time as he/she reaches 15 years of age.

\_\_\_\_\_  
*(Parent/Guardian Signature)*

\_\_\_\_\_  
*(Date)*

## Statement of Program Specific Risks

**Christ House Food Pantry** – *Our mission is to distribute food to those in need throughout the Diocese of Arlington. We accept, sort, repack and weigh/record nonperishable food donations.*

- Lifting of heavy 40 lb. boxes may be involved in this activity.
- Stairs leading to the basement food pantry are somewhat steep.
- During certain times of the year the food pantry can be hot/cold, dusty or damp.
- The ceiling in the basement is low which tall people have to navigate.
- The emergency egress to the pantry is through a pair of metal doors which opens from the pantry to the street. It is necessary to walk up a short, steep flight of wood steps in order to exit.

**Christ House Thrift Shop** – *Our mission is to sell clothing and other household items at minimum prices to low income families. We accept, sort, price and display donated items. We also dispose of items considered not to be usable.*

- Stairs to Thrift Store loft are somewhat steep.
- Clients of Christ House's Emergency Assistance shop for free clothing on Thursdays.

**Community Table/Dinner Service** – *Our mission is to provide a hot evening meal to those in need 365 days a year. We welcome those in need and prepare the dining room, serve food, and clean-up for two dinner seatings each evening.*

- Some Christ House residents have a past criminal record.
- There is a possibility that some Dinner clients of the Community Table may suffer from mental illness.

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### Volunteer Do's and Don'ts:

- **Do** follow the safety precautions provided to you.
- **Do** wear modest clothing and shoes – no sandals or flip flops.
- **Do** behave in a manner consistent with Catholic Social Teaching. Treat all you meet with respect and dignity. Be proud of your work and service to the poor.
  
- Minor children **may not** enter the basement at Christ House, even if accompanied by an adult.
- **Do not** share personal information with any client.
- **Do not** accept gifts from or bring anything as a gift for a specific client.