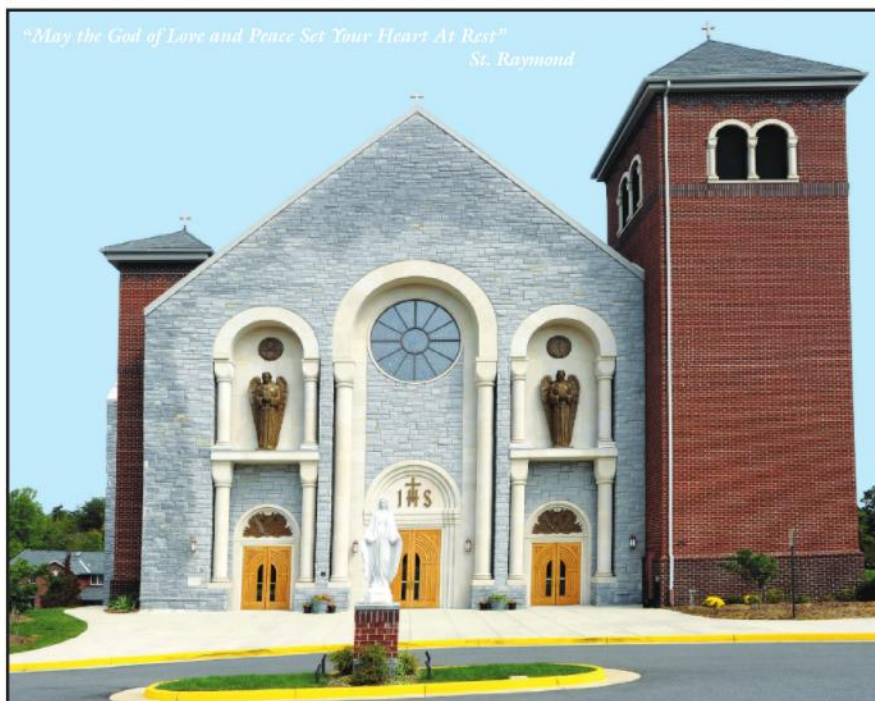


# CHRIST *indeed from death is* RISEN

*"May the God of Love and Peace Set Your Heart At Rest"*  
St. Raymond



## Welcome to St. Raymond of Peñafort Roman Catholic Church

**8750 Pohick Road  
Springfield, VA 22153**

**WEEKEND MASSES:**  
Saturday Vigil: 5:00 pm  
Sunday: 7:00 am, 9:00 am,  
11:00 am and 1:00 pm

**WEEKDAY MASSES:**  
Monday through Friday:  
6:30 am & 8:30 am  
Saturday: 9:00 am

**Website**  
[www.straymonds.org](http://www.straymonds.org)

Rev. John C. De Celles, Pastor  
Rev. Joseph D. Bergida, Parochial Vicar  
Rev. Edward R. Horkan, In Residence  
Elisabeth Turco, Director of Liturgical Music  
Jeanne Sause, Director of Youth Apostolate  
Mary Salmon, Director of Religious Education  
Mary Hansen, Religious Education Secretary  
Joe Marquart, Plant Manager  
Maerose Naduvilekunnel, Business Manager  
Virginia Osella, Parish Secretary  
Mary Butler, Secretary

### PARISH OFFICE:

Telephone Numbers:

Rectory: 703-440-0535  
Rel. Education: 703-440-0537  
Fax: 703-440-0538

### Office Hours

Monday-Friday 9:30 am - 4:30 pm

### E-Mail

Church: [Office@straymonds.org](mailto:Office@straymonds.org)  
Rel. Ed.: [ReligiousEducation@straymonds.org](mailto:ReligiousEducation@straymonds.org)  
Choirs: [Music@straymonds.org](mailto:Music@straymonds.org)

**TUITION ASSISTANCE:** Please inquire with our office about the availability of partial scholarships for the children of active St. Raymond parishioners attending local Catholic grade schools and high schools.

### Angelus Academy

**7644 Dynatech Ct, Springfield, VA 22153  
703-924-3996**

Angelus Academy is a fully-accredited pre-K through 8th grade Catholic School affiliated with the Diocese of Arlington. Although it has no official connection with St. Raymond's, the parish has a longstanding close relationship with Angelus Academy. Many of our parish children already happily attend school there.

### SACRAMENT OF PENANCE (Reconciliation/Confession)

**Wednesday Evening**  
6:15-6:55 p.m. (during Exposition)  
**Saturday Morning**  
8:15 - 8:45 a.m.  
**Saturday Afternoon**  
3:30 - 5:00 p.m.

### EXPOSITION OF THE BLESSED SACRAMENT

Wednesday from 9:00 am to 7:00 pm  
Friday from 9:00 am to 3:00 pm

**MARRIAGE:** Couples wishing to marry must contact a parish priest at least 6 months prior to the desired wedding date. Couples who are living together will be expected to live separately at least during the 3 months prior to the wedding.

**RCIA:** The Rite of Christian Initiation of Adults is the process by which adults (and children who have reached the age of reason) are instructed in the Doctrine of the Church and are prepared to receive the Sacraments of Baptism, Confirmation, and Holy Eucharist. If you or someone you know, would like to inquire about becoming a Catholic, please call the Parish Office.

**BAPTISM:** Parents are requested to make arrangements with the Parish Office ONE MONTH in advance. Parents must participate in a one-session pre-Baptismal program and are encouraged to do so before the birth of their child. You must be REGISTERED in the Parish 3 MONTHS prior to the Baptism.

**BULLETIN DEADLINE:** Please submit announcements in writing 10 days prior to publication.



**Pastor's Corner**

**Christus resurrexit! Resurrexit vere!**  
**Christos Anesti! Alithos Anesti!**  
**He is risen! He is risen indeed!**

Praised be the Risen Jesus Christ for this wondrous day! The Lord has risen from the dead, conquering sin and death, opening the gates of heaven and vanquishing the ancient enemy of man, the devil. Mankind is free from the chains of evil and given the promise of eternal life—if we will only use our freedom to choose to accept the grace of Christ and live according to the Truth He proclaims through His Holy Catholic Church.

Thanks to all who worked so hard to help make this an especially Blessed Lent, Holy Week, Triduum and Easter Sunday (I'll write more about this next week). On behalf of myself, Fr. Bergida, Fr. Horkan and Fr. Rippey, I wish you all a Blessed, Holy and Happy Easter and Easter Season! May the Risen Lord Jesus, Redeemer and Savior of the world, shower you with His grace and keep you close to Him in this Glorious Season!

And remember, today is just the beginning of this new **Season of Easter**. We continue to celebrate the Lord's Resurrection for 50 days—until we celebrate the sending of the Holy Spirit on the Pentecost. We begin with the Octave of Easter, as for eight days through next Sunday we celebrate each day as if it were Easter Day. May the lessons of Lent and the joy of Easter make the coming season one of true holiness, as we go forth to live as Christ Jesus created and redeemed to live and to love.

**Oremus pro invicem. Fr. De Celles**

++++++

**HOMILY OF POPE SAINT JOHN PAUL II**  
**Easter Vigil, April 14, 1979**

1. The word "death" sticks in one's throat. Although humanity has, during so many generations, become accustomed in a way to the reality of death and to its inevitability, it is, however, something overwhelming every time.

Christ's death had entered deeply the hearts of those closest to him, and the consciousness of the whole of Jerusalem. The silence that followed it filled the Friday evening and the whole of the following Saturday. On this day, in accordance with Jewish regulations, no one had gone to the place of his burial. The three women, of whom today's Gospel speaks, well remember the heavy stone with which the entrance to the sepulchre had been closed. This stone, of which they were thinking and about which they would speak the next day on their way to the sepulchre, also symbolizes the weight that had crushed their hearts. The stone that had separated the Dead One from the living, the stone that marked the limit of life, the weight of death. The women, who go to the sepulchre in the early morning of the day after the Sabbath, will not speak of death, but of the stone.

When they arrive at the spot, they will see that the stone no longer blocks the entrance to the sepulchre. It has

been rolled back. They will not find Jesus in the sepulchre. They looked for him in vain! "He is not here; for he has risen, as he said" (Mt 28:6). They are to go back to the city and announce to the disciples that he has risen again and that they will see him in Galilee. The women are not able to utter a word. The news of death is spoken in a low voice. The words of the resurrection were even difficult for them to grasp. Difficult to repeat, so much has the reality of death influenced man's thought and heart.

2. Since that night and even more so since that morning which followed it, Christ's disciples have learned to utter the word "resurrection". And it has become the most important word, the central word, the fundamental word in their language. Everything takes its origin again from it. Everything is confirmed and is constructed again: "The stone which the builders rejected has become the chief cornerstone. This is the Lord's doing; it is marvelous in our eyes. This is the day which the Lord has made: let us rejoice and be glad in it" (Psalm 117 (118): 22-24).

It is for this very reason that the paschal vigil—the day following Good Friday—is no longer only the day on which the word "death" is spoken in a low voice, on which the last moments of the life of the Dead Man are remembered: it is the day of a great Awaiting. It is the Easter Vigil: the day and the night of waiting for the Day which the Lord has made.

The liturgical content of the Vigil is expressed by means of the various hours of the breviary and is then concentrated with all its riches in this liturgy of the night, which reaches its climax, after the period of Lent, in the first "Alleluia".

The exclamation that rings out again in the middle of the night of waiting and brings with it already the joy of the morning. It brings with it the certainty of resurrection. That which, at the first moment, the lips of the women in front of the sepulchre or the mouths of the apostles did not have the courage to utter, now the Church, thanks to their testimony, expresses with her Alleluia....

3. ...It is not possible to grasp the mystery of the Resurrection except by returning to the origins and following, thereafter, the whole development of the history of the economy of salvation up to that Moment! To the moment in which the three women of Jerusalem, stopping at the threshold of the empty sepulchre, heard the message of a young man dressed in a white robe "Do not be amazed; you seek Jesus of Nazareth, who was crucified. He has risen, he is not here" (Mk 16:5-6).

4. That great Moment does not allow us to remain outside ourselves; it compels us to enter our own humanity. Christ not only revealed to us the victory of life over death, but brought us, with his Resurrection, the New Life. He gave us this new life.

Here is how St Paul puts it: "Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? We were buried therefore with him by baptism into death, so that as Christ was raised from the dead by the glory of the Father, we too might walk in newness of life" (Rom 6: 3-4)....

5. This is the night of the Great Awaiting. Let us wait in Faith, let us wait with all our human being for him who at dawn broke the tyranny of death and revealed the Divine Power of Life: He is our Hope.

**MASS INTENTIONS**

<b>Monday, April 10th</b> 8:30 am Linda, Anna (+) & Jean (+) Anezin	<b>Saturday, April 15th</b> 9:00 am Kurt Wlaschin
<b>Tuesday, April 11th</b> 6:30 am Annie Gellas 8:30 am Bradley Morse +	<b>Vigil Mass</b> 5:00 pm Fr. De Celles Guadalupe Garcia +
<b>Wednesday, April 12th</b> 6:30 am Nolan Moran + 8:30 am Souls Dying Today	<b>Sunday, April 16th</b> 7:00 am Fr. Bergida Debbie Lowe + 9:00 am Fr. De Celles Parishioners 11:00 am Fr. Rippy Linda Pasternak + 1:00 pm Fr. Horkan Pope Benedict XVI +
<b>Thursday, April 13th</b> 6:30 am Matthew Gellas 8:30 am Paul Rinn +	
<b>Friday, April 14th</b> 6:30 am Karl Winston Boyles + 8:30 am Vincent Toa Truong +	

**View livestreaming of the Holy Mass  
at St. Raymond's!**[straymonds.org](http://straymonds.org)

Monday - Friday Daily Mass at 8:30 am  
Saturday at 9:00 am  
Sunday Mass at 9:00 am & 11:00 am

**Daily Family Rosary leaders needed!** St. Raymond's has a Daily Family Rosary in the church: Mon-Fri at 6:30pm and Saturday and Sunday after the 9am Mass. **Please visit our website to sign up to lead during April!** All are invited to attend.

**April Book Club:** The parish Book Club will next meet on **Friday, April 14, 2023**, at 10:00 AM in the St Raymond Library to discuss **"The Lord"** by Romano Guardini. The discussion in April will be on Parts 4 through 7 of this book. The initial half of the book was discussed at our meeting in March. New members are welcome, regardless of how much of the book they may (or may not) have read. A full list of books to be discussed during 2022-2023 is included in the Book Club section of the parish website. If you have any questions, please contact Jim Mault at [bookclub@straymonds.org](mailto:bookclub@straymonds.org).

**Divine Mercy Celebration at Nativity Parish.** The Divine Mercy Novena & Chaplet started on Good Friday, April 7 and ends on April 15. Our friends at Nativity invite you to join them for the celebration of Divine Mercy Sunday on April 16th, with a Holy Hour and Devotions from 2:45 to 3:45 pm. For more information, please check out the Nativity website.

**"Mary Went in Haste": A Marian Symposium:** Please join as a diocesan family as we honor the Blessed Virgin in Year Two of our Golden Jubilee, "My Soul Rejoices in the Lord." The Most Reverend Timothy P. Broglio, Archbishop for the Military Services USA, and President of the United States Conference of Catholic Bishops (USCCB), will be the guest speaker at "Mary Went in Haste": A Marian Symposium on **Saturday, April 29, at St. Bernadette Catholic Church in Springfield.** The day will start with Mass at 9 a.m., followed by a coffee break, a talk and Q and A session at 10:30 a.m. and conclude with the recitation of the Rosary. We look forward to seeing you there!

**Please pray for our parishioners serving in Combat Zones and their families.** If you have a relative serving in harm's way and would like to have his/her name included in our prayer list, please contact the parish office.

**Ryan Higgins****Please pray for the sick of our parish**

Glenn Bliss Tom Dietz Michael O'Neill Cindy Laird Patricia Lewis Mai Pham Joan Opiela Jason Saenz Phyllis Zitnik Patricia Del Buono Juanita Boarman John Florio	Debra Henkel Michael Malachowski Gaudencio Dizon Paul Haynes Dwayne Taylor Ted Tolpa Nena Brennan Serrin Foster Margaret O'Neill Christina Cautero	Unborn Baby Mutumanje Fatima Mutumanje Megan Bradley Tom Swengros Leonora Ramos Jose Tapia Michael Reeder Sandy Reeder Lynn Tsukalas Ken Keller Carl Spataro
--	---	---

**Upcoming Events at St. Raymond Church**

<b>April 10</b>	<b>Easter Monday: One Mass at 8:30am</b>
<b>April 10</b>	<b>Parish Offices are closed</b>
<b>April 11</b>	<b>Family of Jesus Prayer Group</b>
<b>April 11</b>	<b>Bible Study</b>
<b>April 12</b>	<b>Adoration 9am - 7pm</b>
<b>April 12</b>	<b>Legion of Mary</b>
<b>April 13</b>	<b>Bridge Club</b>
<b>April 14</b>	<b>Book Club, 10am</b>
<b>April 15</b>	<b>Spring Senior Luncheon 12-2pm</b>
<b>April 15</b>	<b>Easter Egg Hunt 2:30pm</b>
<b>April 15</b>	<b>Men's Prayer Group</b>

**Annual Easter Egg Hunt, Saturday, April 15th at 2:30 pm**  
behind the Parish Hall: Children ages 12 and under are invited, free of charge, no RSVP necessary! This year, we are inviting all parishioners to sign up to donate eggs and candy by April 12th. Please check your email and our website for the sign up! For more information, please contact the parish office.

**Annual Spring Easter Senior Luncheon**

WHO: All Seniors 55 years young and above

WHERE: St. Raymond's Parish Hall

DATE: April 15, 12:00 - 2:00 pm

MENU: Honey Baked Ham and all the trimmings (Free!)

**RSVP by April 11 by emailing [office@straymonds.org](mailto:office@straymonds.org)****Or by calling the office at 703-440-0535**

**Spring/Summer 2023 Class to enter the Catholic Church (RCIA)** will be offered at St Raymond's Parish on **Monday evenings 7:30 to 8:30 pm. Classes will run from April 17, 2023 until August 25, 2023** (except for Memorial Day, May 29). This program is based on the teachings of the Catholic Church and designed to prepare 1) baptized adult non-Catholics to enter the Catholic Church, and 2) baptized adult Catholics seeking First Holy Communion and/or Confirmation. Also, **anyone who desires a better understanding of Catholic teachings and practices is welcome.** No advanced registration is required. The standard RCIA program will be offered beginning in September 2023. If you have questions, call Bob or Bev Ward at 703-644-5873 or email [biblestudy@straymonds.org](mailto:biblestudy@straymonds.org).



**St. John Bosco Council #12846 Knights of Columbus** Are you a man of 17½ years or more and a practicing Catholic? Then we invite you to join the Knights! Contact Deputy Grand Knight Mark Menotti at 401-644-7128 or go to <http://www.KofC.org/JoinUs> (or scan this QR code) to become a Knight today!



**Into the Breach, April 15.** All Knights and men of St. Raymond's Parish are invited to attend the next session of the Into the Breach Program sponsored by the Knights of Columbus on **Saturday, April 15, 10 am - 12 pm in the Maurer Room.** This session is on **Spiritual Warfare.** The goal of Into the Breach is to help men grow in their faith and become the men that God is calling them to be. Pre-registration is required and is limited to 20 attendees. For more information and to register, please contact Pat Franco at (703) 220-2403 or at [popsfr8@aol.com](mailto:popsfr8@aol.com).

**Family Financial Planning Evening** - the Knights of Columbus would like to invite all parishioners for an overview of the insurance and retirement plans offered by the Knights of Columbus. Your faith guides your life, why not your insurance and retirement planning? Retirement planning is available to all, insurance plans are limited to Knights of Columbus members and their families. Join us **Tuesday April 11th in the Parish Hall from 7:30- 8:30 pm** - refreshments will be served. Open to all parishioners.

**Men's Prayer Group:** On the first and third Saturdays of each month a group of men meet in the parish hall to pray and read the Scriptures. They are neither theologians, philosophers, nor great scholars. Just some guys, coming together to pray, read, and share a simple breakfast. **Our next meeting will be April 15.** For more information, call Dave Wilson, 703-966-5327.

**THE SAMARITAN GROUP WANTS TO HELP YOU!** Did you know that our parish has a group of volunteers just waiting to provide a ride, bring a meal, or help in some other way during your time of need? If you are experiencing a time of illness, recovery, or other difficulty, let our Samaritans bless you. If we can help or if you want to join the Samaritan volunteer roster, contact Vanessa Oswald, [kandvoswald@gmail.com](mailto:kandvoswald@gmail.com) or (571) 271-5498.

**Bridge Club:** All levels of players are welcome. We play Bridge cards each week in the Parish Hall. Contact Lois Kotlowski at 703-455-6567 [dancertoo2@yahoo.com](mailto:dancertoo2@yahoo.com) or James Kolakoski at 703-455-3009 [bridgeclub402@gmail.com](mailto:bridgeclub402@gmail.com) if you are interested in joining us.

**Watch for our Constant Contact Updates!** If you are not receiving emails from the parish, please contact the parish office at 703-440-0535 or [office@straymonds.org](mailto:office@straymonds.org) to verify your email address.

ANGELUS ACADEMY

*Gala*

2023

SHOUT JOYFULLY  
TO THE LORD!

Saturday, May 6, 2023

Springfield Golf & Country Club  
8301 Old Keene Mill Road, Springfield, VA  
Silent Auction begins at 6:00 PM

RECIPIENT OF 2022-2023  
ST. JOHN BOSCO AWARD

Sheila Bruen

To RSVP or Donate, visit [AngelusAcademy.org](http://AngelusAcademy.org)

**SAINT RAYMOND'S RESPECTS LIFE**  
*Learn the TRUTH. Live the TRUTH. Spread the TRUTH... in LOVE*

*"I have come that they may have life and have it to the full."  
John 10:10*

**MaRiH Pregnancy Care Center:** We proudly partner with MaRiH as they serve local expectant mothers in need. Knowing each child has an unrevealed holy purpose, MaRiH volunteers strive to see the face of God in the mothers and families they help. **Thank you, dear friends at Saint Raymond's, for so generously supporting us in this work of mercy.** For more ways to become involved, please visit: [marih.org](http://marih.org).

**The Abortion Pill** now accounts for up to 60% of all abortions. Women often regret the desperate isolated decision to take the abortion pill. Call the abortion reversal helpline 855-209-4848. **It may not be too late.** [abortionpillreversal.com](http://abortionpillreversal.com).

**The Power of Prayer.** *Abortionists trespass against us.* Yet we are called to 'forgive those who trespass against us'. The Lord also admonishes us to love and pray for those who persecute us. At St Raymond's we have Mass offered every year for each of the known abortionists in our area. As we each strive to live the Gospel of Life, please continue to pray for the conversion of abortionists.

Are you involved in an ethically complicated medical situation? Beginning or end of life situations? Please know that you can contact the **National Catholic Bioethics Center** for free consultation. More info at: [nbccenter.org](http://nbccenter.org), 215-877-2660. **Consultations:** [consults@nbccenter.org](mailto:consults@nbccenter.org)

**Tepeyac Pro Life OB/GYN: Transforming Hearts Through Healthcare.** [tepeyacobgyn.com](http://tepeyacobgyn.com) 703-273-9440. Thank you for your referrals and your support.

**Natural Family Planning.** A gift to your marriage. For more info visit: [ccli.org](http://ccli.org)

**Has the sorrow of miscarriage or still birth touched your life?** *A Mom's Peace*, offers discreet support to families with bereavement, burial and remembrance assistance. Visit [amomspeace.org](http://amomspeace.org).

**To those who have suffered an abortion:** Project Rachel can help women and men who are carrying the grief and sorrow of a past abortion. (888)456-HOPE. Confidentiality always respected. [www.helpafterabortion.org](http://www.helpafterabortion.org). Men: (703) 841-3833.

**Give a Gift for Life!** No woman should ever feel that she is alone or that abortion is her only choice. **Gabriel Project** helps pregnant moms welcome their babies. For more info, contact them at 1-866-444-3553 or [GabrielProject@arlingtondiocese.org](mailto:GabrielProject@arlingtondiocese.org)



## St. Raymond's Youth Apostolate

\*All are welcome to participate in Youth Apostolate events.  
Make sure forms are signed and on file. <http://bit.ly/YAforms>

### Christ is Risen! Alleluia!

Thank you to all who supported our WorkCampers in our planter raffle last weekend! **We brought in a grand total of \$3,437!** This was shy of our \$5,500 goal, but \$406 more than last year! **Congratulations to the winners: Mr. Dominic Savini, Mr. John Crennan, and Ms. Savannah Conley!** To all who supported us by buying tickets and to those who so generously donated to support our 12 WorkCampers and 3 Adult Crew Leaders...**Thank you! Thank you! Thank you!** You may not be joining us in person, but it is because of you that we are able to go out and spread the Gospel and to share our gifts in helping to make the homes of our neighbors in need warmer, safer and drier. Thank you for being a part of our mission!! Special thanks to our adult leaders Maricarmen Medina & Alex Kayser for giving so much of their time to be with the WorkCampers this weekend! And to the teens themselves who were present before, during and after every Mass, never once complaining!



### April 2nd & April 9th: NO Youth Group or CCD

We will resume our usual schedule Sunday 4/16.



John Paul Von Arx



Oscar Rivera Jr.



Mary Bletski



David Calavitta



Dan Harms



Don Bob Rice

### Steubenville Youth Conference (July 7-9)

#### Registration deadline extended until April 16th

Current 8-12th graders are invited to join us for a weekend away with a few thousand Catholic teens to encounter God and experience His love through the power of the Sacraments, dynamic Catholic speakers, uplifting music, and new friends! In our ever-changing world, Jesus is the answer to the longing of our hearts for meaning, fulfillment, security, and love. Join our group in road tripping to Franciscan University in Steubenville, OH to experience the peace of Jesus Christ, who is our refuge and never wearies of loving us. For more info and to register go to <https://bit.ly/steubenville2023>

### 6:30am Fri. Morning Mass & Breakfast resumes 4/21

All 7-12th graders: Join us Friday mornings for Mass followed by breakfast with Fr. Horkan & Fr. Bergida in the parish hall. RSVP by Wed. we can coordinate our volunteers to drive you to school. If not, you can show up for Mass and have your parent drive you to school after breakfast! <https://bit.ly/FRIDAYRSVP>

**Breakfast Donations** Please consider supporting our parish teens who start their Friday off with Mass, breakfast, and fellowship by donating a baked good, fruit, etc. **Donations can be brought on Thursdays, so you don't have to get up early!** Sign up at <https://bit.ly/FriBfast>

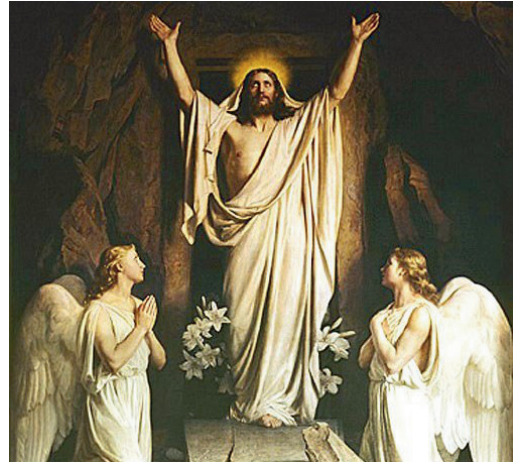
### Jeanne Sause

Director of the Youth Apostolate (Grades 7-12)

[youth@straymonds.org](mailto:youth@straymonds.org) Call/Text: 571-334-9890

**Get on our weekly email list for the most updated info on Youth Apostolate news & upcoming events!**

## RELIGIOUS EDUCATION



**HE IS RISEN.  
HE IS THE WAY, THE TRUTH AND THE LIFE.**

**FOLLOW HIM. DEPEND ON HIM. TRUST HIM KNOW HIM. LOVE HIM. SERVE HIM.**

Heartfelt wishes for a blessed Easter!!

**ART, DRAMA, MUSICAL THEATRE CAMPS for K-12** in a Catholic setting: Returning July 10-21, **Broadway Spotlight** and **Drama Bootcamp** trains campers in Acting, Improv, Song & Dance and concludes their week with a show for families! **Art Camps** incorporate many special projects in different mediums that all go on display in an end of week Art Show. Most of the professional instructors teach in our Diocesan Schools and bring a myriad of experience in their specialties. **Through April 15th, all camps are \$25 off** plus everyone gets a free t-shirt. Learn more and register at [www.SpotlightSummerCamps.com](http://www.SpotlightSummerCamps.com).

**Family of Jesus Prayer Group:** Weekly meetings are in the Church on Mondays at 4:00 pm. If you have any prayer requests, please let us know by emailing Elaine Perricone at [jpebtp@verizon.net](mailto:jpebtp@verizon.net) or by calling the parish office. You may also write down your prayer requests and drop them in the "Prayer Box" on the table in the narthex of the church.

**St. Raymond's Young Adult Group.** Are you 21-40 years old? (Single or married, with or without kids) Contact [youngadults@straymonds.org](mailto:youngadults@straymonds.org) to be added to our email list and hear about upcoming events!

**Mothers' Group:** Do your young children need a bit more excitement? Are you looking for Catholic friendship with fellow mothers? Come to the moms' meet-up on Wednesday mornings! We alternate between meeting at our church and parks. Email Michelle for more information at [mlcastry@gmail.com](mailto:mlcastry@gmail.com).

**Catholic Charities Family Services** can help if you or someone you know is struggling with anxiety, depression, grief, and marital or parenting concerns. We offer transformational outpatient counseling services to individuals, couples, and families of all faiths and backgrounds. Call **703-447-9402**, and for more information, visit <https://www.cdda.net/need-help/medical-and-counseling/counseling/>

## Church Persecuted

This is a tale of two popes, one sitting on the Chair of Peter and the other an archbishop. In 1968, Pope Paul VI issued the encyclical, *Humanae Vitae*, which reiterated long-standing Catholic teaching against contraception. He proposed natural family planning (NFP) when married couples had a serious reason to avoid a pregnancy. Faithful Catholic women endured criticism from their gynecologists around the world for refusing birth control pills or sterilization. Instead, they learned how to “read” their signs of fertility through NFP, enabling them to both plan and postpone pregnancies depending on their circumstances.

The main criticism of NFP was that it was not effective. However, early non-peer-reviewed studies showed an effectiveness rate for the sympto-thermal method (STM) of NFP to be in the range of 99% when used correctly. In the late 1970s, Joseph Cardinal Ratzinger, cardinal-archbishop of Munich, commissioned a study of the effectiveness of the STM. The study reviewed charted menstrual cycles using the research published by Professor Josef Roetzer, M.D. of Austria. Hundreds of thousands of women-cycles were examined. After collecting data for years, in 2007 Dr. Petra Frank-Herrmann, M.D. published a study showing that couples having marital relations during the early portion of the wife’s cycle, had less than a 1% chance of becoming pregnant. This study and others similar to it were conducted on research that was initially proposed and funded by Cardinal Ratzinger, revealing a 99+% effectiveness rate in postponing a pregnancy. This is the basis for the STM taught by the Couple to Couple League.

These two heroic popes, one who wrote *Humanae Vitae*, and the other who put into motion a research program to show the effectiveness of NFP, demonstrated how faith and science can work hand-in-hand to counter societal norms and respect the dignity of each person. Happy Easter!

## FORMED<sup>®</sup> Get In-Formed!

**The Divine Mercy Novena started on Good Friday and ends on Divine Mercy Sunday.**

*Watch or Listen to The Divine Mercy Chaplet.* There are several versions, both sung and spoken, available on Formed.org that you can pray along with.

*Watch The Necessity of Divine Mercy.* Fr. Chris Alar explains the Divine Mercy message, image, novena, chaplet, and hour of mercy. He encourages us to incorporate this into our spiritual lives.

*Watch Misery Meets Mercy: St. Faustina Kowalska.* On this FormedNow episode, Dr. Ben Akers discusses this beloved saint’s message of Divine Mercy with Fr. Mateusz Ratajczak.

*See the Formed bulletin board by the central doors of the vestibule for additional suggestions.*

**Available for FREE!** To set up an account, visit [Formed.org/](https://Formed.org/) and select our parish.

Questions? Need help? Email us at: [formed@straymonds.org](mailto:formed@straymonds.org)



## Angelus Academy

*Where the truth of Catholic teaching takes flesh in the lives of Pre-K - 8th graders and their families.*

Do you have any shoes you no longer love, but that are still in good condition? Angelus Academy is holding a “Shoe Drive” fundraiser to collect new and gently used shoes, boots, and cleats. We are paid by the pound and need help reaching our goal of 2,500 pairs of footwear before April 20th. Please consider donating; it supports our school, and it helps clean out your closet! You can contact parishioner Heather Ruffner at [hruffner@angelusacademy.org](mailto:hruffner@angelusacademy.org) to make arrangements for pickup/drop-off. All money raised by this event goes directly to school operations. God Bless!

Thank you for your continued prayers and support.

[www.AngelusAcademy.org](http://www.AngelusAcademy.org) 703-924-3996

7644 Dynatech Ct., Springfield, VA 22153

[Admissions@angelusacademy.org](mailto:Admissions@angelusacademy.org)

**Scholarships to Catholic Schools. St. Raymond’s will again offer a one-time \$2,000 scholarship for each parish child who is switching from public school (k-12) to Catholic school for the upcoming school year. For all parish families, each student in Catholic grade school can receive \$1,000 and Catholic high school students can receive \$2,000. This amount is renewable every year and is subject only to minimal qualification terms. You need to be a parishioner and send a request for the scholarship to Fr. De Celles. Also, additional financial aid is available if a family truly can’t afford Catholic school, even with the above scholarships. These decisions are made on a case by case basis. There is also **assistance available for homeschooling families**. Contact the parish office for more information.**

**St. Martin de Porres Committee** - collects food on an ongoing basis for the Springfield Resource Center which serves over 250 families in the Springfield area. A collection box is in the Narthex and donations are collected and distributed weekly. Suggested food items are listed, but all donations are welcome (no clothing). For equitable distribution, smaller packaging is requested (i.e. 1 lb bags of rice vs. 5 lb. bags, 1 qt. oil vs. 1 gal oil).

**FAITH DIRECT:** eGiving helps you continue to support St. Raymond’s. You can sign up from your computer, smartphone or tablet and set up a recurring donation or make a one-time gift. Sign up today by visiting [faith.direct/VA64](https://faith.direct/VA64). Thank you for your continued support of our parish family. God bless you.

## LAST WEEK’S COLLECTION

Sunday Offertory	\$ 18,964.00
Family Assistance	\$ 1,420.00
Maintenance Fund	\$ 2,963.00
Our Lady of Ransom Catholic School Scholarship Donations	\$ 1,020.00

**The Second Collection today is for the Our Lady of Ransom Catholic School Scholarship Fund. Please be generous.**





## Fairfax Electric Co.

Licensed, Bonded & Insured

- Service Upgrades
- Car Charger Installations
- Recessed Lighting
- Troubleshooting

Free Estimates

703-273-5040

10% OFF LABOR



## SENIOR AND MILITARY DISCOUNTS!

FINANCING  
AVAILABLE

# ROOFING

DECKS • SIDING

GUTTERS

FREE wind & Hail Damage  
Inspections for Roofs

Insurance Claims Specialists

**MidAtlantic**  
CONTRACTING INC.  
Voted Best in Business

703-492-HOME (4663)  
or 571-408-4349  
www.MACcontracting.com

## KINGSTOWNE ORTHODONTICS

John Wiger, D.D.S., M.S.D.

Specialist in Orthodontics

www.KingstowneOrthodontics.com

7574 Telegraph Road

Alexandria, VA 22315

703-971-2220



Get this bulletin  
emailed to you  
every week.

Simply go to

www.DM.CHURCH/3309



...or scan →

DISCOVERMASS

We have your neighborhood covered!



Free Estimates • Family Owned and Operated

Member of Diocese of Arlington for 40+ years

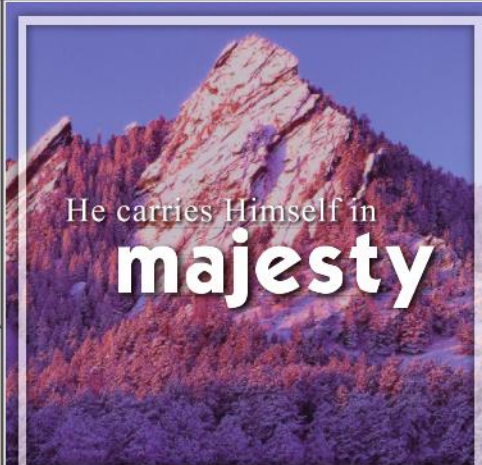
703-335-7788 • summitroofing.com

EWTN.COM/RADIO

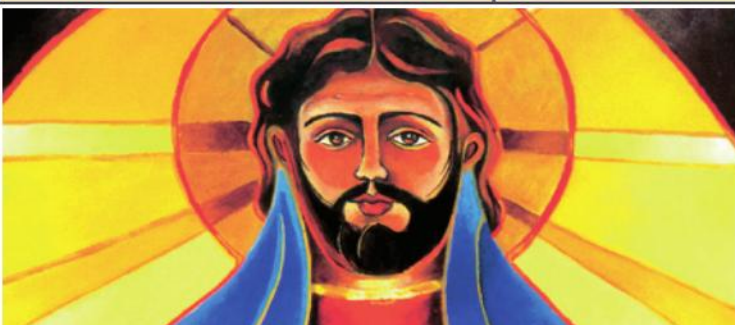


# EWTN

Global  
Catholic  
Radio  
TUNE IN



He carries Himself in  
**majesty**



myParish

## The App for Catholic Life Every Day

Download for free at [www.myParishApp.com](http://www.myParishApp.com)

Available on the  
App Store

ANDROID APP ON  
Google play

THANK YOU  
THANK YOU  
THANK YOU  
THANK YOU  
THANK YOU  
THANK YOU  
THANK YOU

# Thank you

to our local  
sponsors!

For information on advertising,  
please contact Lisa Sparkman at  
1-717-507-3766 or [LSparkman@Diocesan.com](mailto:LSparkman@Diocesan.com)

## DIOCESAN

Catholic Life Every Day



**Aviation Consulting Expertise, LLC**  
  
 Doug "Smash" Yurovich, PhD  
 Colonel USMC (Ret)  
 571.643.6019  
 Certified Flight and Instrument Instructor  
 Leadership & Mentoring for Aviation Organizations  
 acell918@gmail.com

**MURPHY LAW GROUP, PLLC**  
 Wills, Trusts, Estates, & More  
 9300-B Old Keene Mill Road, Burke, VA  
 703-455-7177  
 www.MurphyLawVA.com

**★ VIRGINIA EYECARE CENTER**  
 MEMBER OF VISION SOURCE  
 (703) 569-3131  
 Dr. Courtney Shay  
 Dr. Tim LaFreniere  
 Dr. Kathryn Huebner  
 Dr. Mallory Cranmer  
 Dr. Bryan Procopio  
 Dr. Jen Weigel

**KELLIHER FAMILY DENTISTS**  
 Jeremiah J. Kelliher, D.D.S.  
 Sean P. Kelliher, D.D.S.  
 Karen Kelliher Wilson, R.D.H.  
 Kathleen Kelliher Ketch, R.D.H.  
 (703) 451-5030  
 6120 Brandon Ave.  
 Suite 211, Springfield


**Peter K. Cocolis Jr., DMD**  
 Family & Cosmetic Dentistry  
  
**Call 703-912-3800**  
 • Quality Care  
 • Latest Techniques  
 • Convenient Appointments  
 5803 Rolling Road  
 Suite 211  
 Next to Interstate Van Lines

**Jefferson Funeral Chapel**  
 703-971-7400  
 Family owned  
 5755 Castlewella Drive  
 Alexandria, VA 22315  
 Just off S. VanDorn Street  
 behind Edison High School (Kingstowne)


**AAL APPRAISALS, LLC**  
 Alfonso Lievano  
 Residential Appraiser  
 Cell: 703.863.8970  
 aalappraisals2007@gmail.com  
 7602 Cervantes Ct.  
 Springfield, VA 22153  
 By Appointment  
**SOLVING YOUR APPRAISAL NEEDS**

9314-A Old Keene Mill Rd  
 www.virginiaeyecare.com

**MATHNASIUM**  
 The Math Learning Center  
 703-690-MATH (6284)  
 • Expert Instruction  
 • Custom Learning Plan  
 • Proven Results  
 • Homework Help  
 • Test Prep  
 • Enrichment

**★ EDDIE GREENAN JEWELERS, INC.**  
  
 Eddie Greenan  
 6310A Springfield Plaza  
 Springfield, VA 22150  
 703.644.3933  
 St. Patrick Parishioners  
 Family Owned and Operated

**Milano's Family Restaurant**  
 Lunch & Dinner Served 7 Days a Week  
 Breakfast Served Saturday & Sunday  
 From 8 a.m. til 2 p.m.  
  
 703-569-7550  
 6230-G Rolling Rd • Springfield, VA  
 www.milanofamilyrestaurant.com

**catholicmatch Virginia**  
  
 CatholicMatch.com/GOVA

**★ NIELSEN PAINTING**  
 • Professional Painting  
 • Interior & Exterior  
 • Wall Paper Installation  
 • Wall Paper Removal  
 • Pressure Washing  
 • Deck Repair & Sealing  
 703-250-7091  
 Richard J. Nielsen  
 Arlington Diocese Member

**★ ORTHODONTIST**  
**DENNIS P. PRYOR, DMD, MS**  
 7493 Huntsman Blvd.  
 Huntsman Square  
 Springfield, VA 22153  
**(703) 455-1505**

**Nature is inspiration**  


**D Hair Salon & Barber**  
 We offer premier Haircare services for men and women.  
 Color and Highlights. • \$4 OFF mens haircuts  
 20% OFF single service for 1st time customers  
 dhairstalonandbarber.com • 703-455-1919  
 7481 Huntsman Boulevard, Springfield, VA 22153

**A moment of serenity**  


**PJ LAW**  
**Wills, Trusts, & Probate for Catholic Families**  
 (703) 865-6100  
 Fairfax, VA  
 www.pjlalaw.com | welcome@pjlalaw.com

**★ Caffi SERVICES, INC**  
 PLUMBING HEATING HVAC REMODELING  
 1313 POWHATAN STREET ALEXANDRIA, VA 22314-1342  
 (703) 836-6775  
 www.caffiservices.com  
 service@caffiservices.com  
 Serving the DC Metropolitan Area since 1967

**LOCATED IN THE SARATOGA SHOPPING CTR.**  
 8050 Rolling Rd. • Springfield, VA  
**BREAKFAST:**  
 Saturday & Sunday  
 9am-2pm  
**LUNCH & DINNER:**  
 Daily  
 11am-9pm  
  
 703.455.0044  
 Like us on facebook  
**SARATOGAPIZZERIA.COM**

**BOGACKI & BOGACKI DDS, PC**  
 Family and Cosmetic Dentistry  
 Friendly and Courteous Staff  
 You've probably seen us, we're regulars of St. Raymond  
 8344 Traford Lane  
 Springfield, VA 22152  
 (703) 451-2867  
 www.BogackiDental.com

**LET US HELP YOU SELL**  
 Want to grow your business?  
 Take advantage of a unique marketing opportunity and become a sponsor on the church bulletin.  
 The Church's #1 form of communication with its families.  
 For Information on Advertising Please Call or Email  
**Lisa Sparkman at 717-507-3766**  
 or **LSparkman@Diocesan.com**  
 DIOCESAN

Voted #1 Most Trusted Real Estate Agents in the USA  
**RE/MAX Executives**  
**Michelle Surtees**  
 Member of the NOVA Catholic Community  
 Cell: 571.356.1445  
 Office: 703.239.2525  
 BuyandSellwithMichelleS@Gmail.com  
 www.BruceandTanya.com

**(703) 716-ROOF (7663) | www.sjroof.com**  
  
**ST JOSEPH'S ROOFING**  
 Roofing | Siding | Gutters | Windows/Doors  
 Insurance Claims | Storm Damage | Repairs