

FORMED Recommendations for: February 2021

1 ST. BRIGID

Read: [Twenty Tales of Irish Saints](#)

Read: [The Young People's Book of Saints](#)

Listen: [Lessons from the Early Church](#)

Listen: [The Logic of Being Catholic](#)

2 PRESENTATION OF THE LORD

Watch: [Mary of Nazareth](#)

Watch: [Brother Francis: The Rosary](#)

Ver: [Hermano Zeferino: El Rosario](#)

Watch: [NAPA: Praying the Rosary Like Never Before](#)

Watch: [Ready Reasons: Did Jesus Condemn Praying the Rosary](#)

Watch: [Ready Reasons: Was the Immaculate Conception Necessary?](#)

Read: [Advent of the Heart](#)

Read: [The Blessings of Christmas](#)

Read: [Cradle of Redeeming Love](#)

Listen: [Holiness is Always in Season](#)

Listen: [Drawing Strength from Our Lady of Sorrows](#)

Listen: [The Virgin Mary Revealed through Scripture](#)

3 ST. BLAISE

Read: [The Year and Our Children](#)

6 ST. DOROTHY

Read: [The Book of Saints and Heroes](#)

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8 ST. JOSEPHINE BAKHITA

Listen: [Saved in Hope](#)

Listen: [Attack on Religious Liberty](#)

11 OUR LADY OF LOURDES

Watch: [Bernadette: Princess of Lourdes](#)

Ver: [Bernadette: La Princesa de Lourdes](#)

Watch: [Bernadette](#)

Ver: [Bernadita](#)

Watch: [Lourdes: A Story of Faith, Science, and Miracles](#)

Ver: [Lourdes: Una Historia de Fe, Ciencia, y Milagros](#)

Watch: [The Passion of Bernadette](#)

Ver: [La Pasión de Bernardette](#)

Listen: [St. Bernadette of Lourdes](#)

14 ST. VALENTINE

Listen: [The World's First Love](#)

Listen: [What Every Couple Should Know about Marriage and Prayer](#)

Escuchar: [El Infierno Que Existe / El Verdadero Misterio](#)

Listen: [The Eternal Woman](#)

Study: [Beloved: Living Marriage](#)

Estudiar: [Amado: Viviendo el Matrimonio](#)

Study: [YDisciple: Hot Topics, Session 6: Christian Dating](#)

Study: [Echo Part III, Episode XXX: The Sixth Commandment](#)

Estudiar: [Echo Parte III, Episodio XXX: Sexto Mandamiento](#)

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Study: [Echo Part III, Episode XXXIII: The Ninth Commandment](#)

Estudiar: [Echo Parte III, Episodio XXXIII: Noveno Mandamiento](#)

Watch: [Marriage: God's Design for Life and Love](#)

Watch: [The Jeweller's Shop](#)

Watch: [Brother Francis: The Saints](#)

Ver: [Hermano Zeferino: Los Santos](#)

Read: [A Mother's Rule of Life](#)

Read: [The Father of the Family](#)

Read: [The Catholic Family Handbook](#)

Read: [Discovering God Together](#)

Read: [How to Raise Good Catholic Children](#)

Read: [Love, Marriage, and the Catholic Conscience](#)

Read: [The Little Oratory](#)

Read: [Making Gay Okay](#)

Read: [The Porn Myth](#)

Read: [Jane Eyre](#)

Read: [Pride and Prejudice](#)

Read: [Sense and Sensibility](#)

Escuchar: [Pruebas de Fuego](#)

Listen: [Catholic Teaching on Marriage and Annulments](#)

Listen: [From Love, By Love, For Love](#)

Listen: [Green Sex: The Case for Natural Family Planning](#)

Listen: [Marriage and Family – Love Unveiled](#)

Listen: [Three to Get Married](#)

Listen: [How to Apply Our Faith to Our Families](#)

Listen: [For Love and Marriage](#)

Listen: [Counting Your Blessings](#)

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Listen: [Discipline that Lasts a Lifetime](#)

Listen: [Parenting for Purity](#)

Listen: [Men, Women, and the Mystery of Love](#)

Listen: [Feminine Genius](#)

Listen: [The New Sexual Revolution](#)

Listen: [Love or Lust?](#)

Listen: [Set All Afire](#)

Listen: [Love Hurts](#)

Listen: [Defeating Satan's Deadly Weapon Against Men](#)

Listen: [What Every Couple Should Know About Marriage and Prayer](#)

14 STS. CYRIL AND METHODIUS

Study: [Echo Part III, Episode XXVIII: The Fourth Commandment](#)

Estudiar: [Echo Parte III, Episodio XXVIII: Cuarto Mandamiento](#)

Read: [The Year and Our Children](#)

Read: [The Porn Myth](#)

Listen: [Holiness is Always in Season](#)

17 ASH WEDNESDAY

Watch: [Ready Reasons: What's the Deal with Ashes on Ash Wednesday](#)

Watch: [Ready Reasons: Was Jesus' Sacrifice Enough?](#)

Watch: [Ready Reasons: Does John Teach Assurance of Salvation?](#)

Read: [Saint Helena and the True Cross](#)

Read: [Meditations for Lent](#)

Read: [Mary in the Redemption](#)

Read: [The Year and Our Children](#)

Listen: [Confession](#)

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Listen: [Confession: Answering Common Objections](#)

Listen: [Freedom Through Forgiveness](#)

Listen: [The Healing Power of Confession](#)

Listen: [Keep Holy the Sabbath](#)

Listen: [My Beloved Son: Meditations for Lent](#)

Listen: [Glimpses Along the Way of the Cross](#)

20 SAINTS FRANCISCO AND JACINTA MARTO

Study: [Divine Mercy, Episode 6: Fatima](#)

Watch: [Finding Fatima](#)

Watch: [The Day the Sun Danced: The True Story of Fatima](#)

Ver: [Los Niños y el Sol](#)

Watch: [The 13th Day](#)

Ver: [El Día 13](#)

Read: [Fatima for Today](#)

Leer: [Fatima para Hoy](#)

Listen: [Our Lady of Fatima](#)

Listen: [Fatima for Today](#)

22 FEAST OF THE CHAIR OF PETER

Study: [Footprints of God: Apostolic Fathers](#)

Study: [Lectio: Peter](#)

Study: [Symbolon Knowing the Faith, Session 8: Why Do I Need the Church?](#)

Estudiar: [Symbolon Conociendo la Fe, Sesión 8: ¿Por qué Necesito la Iglesia?](#)

Study: [YDisciple: The Church](#)

Watch: [Francis: The People's Pope](#)

Ver: [Francisco: Un Papa Entre la Gente](#)

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Watch: [Pope Pius XII: Under the Roman Sky](#)

Ver: [Pío XII: Bajo el Cielo Romano](#)

Watch: [Saint Peter](#)

Ver: [San Pedro](#)

Watch: [The Revolution of John XXIII](#)

Ver: [La Revolución de Juan XXIII](#)

Watch: [John Paul the Great](#)

Ver: [Juan Pablo el Grande](#)

Watch: [Francis: Pope of the Renewal](#)

Watch: [Keys of the Kingdom: Understanding the Papacy](#)

Watch: [Who is Pope Francis?](#)

Ver: [¿Quién es el Papa Francisco?](#)

Read: [History of the Catholic Church](#)

Listen: [Answering Common Objections: The Pope](#)

Listen: [Religionless Spirituality](#)

Escuchar: [La Espiritualidad sin Religión](#)

Escuchar: [El Papado](#)

Escuchar: [Ustedes Son La Sal De La Tierra y La Luz Del Mundo](#)

Listen: [Evangelical is Not Enough](#)

Listen: [What's so Great about Being Catholic?](#)

Listen: [Holiness is Always in Season](#)

22 ST. MARGARET OF CORTONA

Audio: [Saints for Sinners](#)

23 ST. PETER DAMIAN

Listen: [Holiness is Always in Season](#)

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23 ST. POLYCARP

Watch: [Footprints of God: Apostolic Fathers: Handing on the Faith](#)

Listen: [Swimming Upstream](#)

Listen: [Lessons from the Early Church Fathers](#)

Listen: [The Logic of Being Catholic](#)

29 ST. JOHN CASSIAN

Read: [The Noonday Devil](#)