

THE 4<sup>TH</sup> COMMANDMENT:  
HONOR YOUR FATHER AND YOUR MOTHER

A FEW CENTURIES AGO   
 LESS TEMPTATION  
 THE FAMILY UNIT WAS SOLID

NOW — SOCIETY IS A MESS

- ① DIVORCE - common
- ② ADULTERY - common
- ③ ADDICTIONS (PORNOGRAPHY, GAMBLING, ALCOHOL DRUGS, MARIJUANA, INTERNET VIDEO GAMES) common
- ④ HOMOSEXUALITY - normalized

MANY FAMILIES HAVE FALLEN APART -

- ① DIVORCE
- ② ESTRANGEMENTS
- ③ ABANDONMENTS

How do you honor DAD if he abandoned you and ran off with his secretary?

2 societal trends have effected this: PSYCHOLOGY AND RADICAL FEMINISM

# PSYCHOLOGY

Focus — ON THIS LIFE ; NOT ETERNAL LIFE

IT IS A PHILOSOPHY FOR A SECULAR SOCIETY.

- GOALS:
- ① CONTENTMENT IN THIS LIFE.
  - ② TO LIVE AN INTEGRATED LIFE TO THIS WORLD.

LATE 1700'S MEDICAL DOCTORS LEARNED TO PUT PATIENTS INTO SEMI TRANCES w/ HYPNOSIS.

- ① SUPER RELAXED STATE
- ② PATIENTS BECAME VERY OPEN TO SUGGESTIONS FROM THE HYPNOTIST.
- ③ THIS WAS ALMOST LIKE ENTERING ANOTHER AREA OF A PERSON'S MIND.

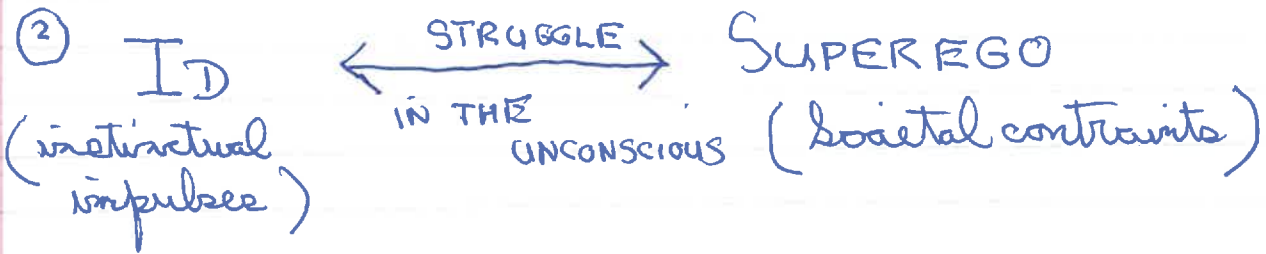
LATE 1800'S SIGMUND FREUD LABELED THIS AREA OF A PERSON'S MIND THE UNCONSCIOUS OF THE SUBCONSCIOUS.

## FREUD'S THEORY :

- ① NEUROTIC BEHAVIOR ON THE CONSCIOUS LEVEL WAS CAUSED BY FORGOTTEN CHILDHOOD TRAMA THAT HAD BECOME LOCKED IN THE UNCONSCIOUS.

GOAL → DRAW OUT OF THE UNCONSCIOUS THESE FORGOTTEN TRAMATIC EVENTS.

THIS INVOLVED ANALYSIS OF YOUR RELATIONSHIP w/ YOUR PARENTS.



→ GUILT was an inherent feature of this struggle

THE CATHOLIC CHURCH, according to Freud and other psychologists, represented the SUPEREGO ON STEROIDS.

PSYCHOLOGISTS THOUGHT : ① FOCUS ON SIN WAS WRONG.  
② GUILT WAS THE PROBLEM.

1960's (FREUD WON !!) - BEFORE THE WEST WAS RELIGIOUS.  
AFTER THE WEST BECAME A THERAPEUTIC CULTURE.

HOW DID THIS EFFECT THE CHURCH ?

① MASS EXODUS OUT OF THE CHURCH.

- Perfect Storm ; Vatican II had as a goal opening the Church up to MODERN THOUGHT. The MODERN THOUGHT was a therapeutic culture that was ANTI CATHOLIC.

② PEOPLE STOPPED GOING TO CONFESSION.

(GUILT REPLACED SIN AS THE PROBLEM)

③ MARRIAGE

1800 AD - DIVORCE RATE WAS CLOSE TO ZERO IN MANY AREAS OF THE CHRISTIAN WEST

1900 AD - 10 %

1965 AD - 20 %

1979 AD - 50 %

↓ WHY ?

FOCUS OF THE PSYCHOLOGISTS AND THE THERAPEUTIC CULTURE WAS HAPPINESS IN THIS LIFE. SO IF YOU WERE STRUGGLING IN YOUR MARRIAGE, A PSYCHOTHERAPIST WOULD BE MUCH MORE INCLINED (THAN A PRIEST) TO SAY GET A DIVORCE. ↓ RESULT

### DIVORCE RATE SPIKED

(4) 4<sup>TH</sup> COMMANDMENT - PEOPLE WERE TAUGHT BY PSYCHOLOGISTS TO BLAME THEIR PARENTS FOR THEIR ADULT PROBLEMS.

↓ RAMIFICATIONS

PARENTS BECAME SCAPEGOATS FOR THE CHILDREN'S INADEQUACIES. INSTEAD OF GOING TO CONFESSION WHERE YOU PLACED THE BLAME OF YOURSELF, PEOPLE WENT TO THERAPY AND PLACED THE BLAME OF THEIR PARENTS.

TIME MAGAZINE HEADLINE IN THE 1980'S -

"WHINERS AND CRYBABIES; WHAT HAVE WE BECOME"

1990'S PARENTS STARTED FORMING NETWORKS OF SUPPORT TO PROTECT THEMSELVES FROM THEIR CHILDREN'S UNFAIR CRITICISM.

TODAY - FREUDIAN PSYCHOTHERAPY IS USED INFREQUENTLY. WHY?

- ① SOME ARGUE THAT HIS THEORIES ARE UNPROVEN.
- ② PSYCHOANALYSIS TAKES A LONG TIME AND IS EXPENSIVE.
- ③ FREUD GOT IT WRONG IN NOT FOCUSING ON THE HARMFUL EFFECTS OF SIN. SIN DISINTEGRATES THE PERSONALITY.

REGULAR CONFESSION, OR THE SACRAMENT OF RECONCILIATION, IS ASSOCIATED WITH IMPROVED MENTAL HEALTH. IT PROVIDES FOR A STRUCTURED, THERAPUTIC RELEASE FOR GUILT, ANXIETY, AND EMOTIONAL BURDENS. IT FACILITATES SELF-REFLECTION, PERSONAL GROWTH AND EMOTIONAL RELIEF, FOSTERING A SENSE OF PSYCHOLOGICAL STABILITY THROUGH CONSISTENT, HONEST SELF EXAMINATION.

BAD MOUTHING YOUR PARENTS IS WRONG (SINFUL)

CATHOLICISM:                      vs) FREUDIAN PSYCHOTHERAPY

2000 YEARS OF CONSISTENT  
STABLE THOUGHT



DON'T GET SUCKED IN BY CURRENT FADS.

## RADICAL FEMINISM

(1949) "THE SECOND SEX" BY SIMON DE BEAUVOIR

- ① ARGUED THAT MEN DOMINATED SOCIETY
- ② WOMEN TOOK A BACK SEAT TO MEN

### MEN

NOBLE PRIZE WINNERS  
INVENTORS  
SCIENTISTS  
POLITICIANS  
EDUCATORS  
PHILOSOPHERS  
EXPLORERS  
CLERGY (CARDINALS & BISHOPS)  
JUDGES  
DOCTORS  
LAWYERS  
GREAT ATHLETES

### WOMEN

HAD BABIES AND TOOK  
CARE OF CHILDREN

SHE ADVOCATED FOR :

- ① EQUAL EDUCATIONAL OPPORTUNITIES FOR WOMEN.
- ② EQUAL PAY FOR WOMEN ON THE JOB
- ③ YOUTH SPORTS FOR GIRLS

} GOOD!

- ④ RAILED AGAINST A MALE DOMINATED HOME AND SOCIETY (PATRIARCHY)
- ⑤ ADVOCATED FOR ABORTION & CONTRACEPTION SO THAT WOMEN COULD HAVE SEX LIKE MEN.
- ⑥ WANTED BROTHELS FOR WOMEN

} BAD!

1960'S FEMINISTS

SIMON DE BEAUVOIR



- BETTY FRIEDEN
- GLORIA STEINAM
- KATE MILLET
- OTHERS

Many were involved in the OCCULT.

Many got involved in the HOMOSEXUAL MOVEMENT.

WHO DID THEY ATTACK ?

1) DAD AS LEADER AND AUTHORITY FIGURE IN THE FAMILY.



2) CONCEPT OF TOXIC MASCULINITY :

(A) MEN RELIED TOO MUCH ON REASON ; THEY NEEDED TO GET IN TOUCH W/ THEIR FEELING & EMOTIONS.

(B) INDEPENDENCE WAS BAD. MEN NEEDED TO BE MORE DEPENDENT AND VULNERABLE

(C) COMPETITIVENESS WAS BAD.

3) THE RADICAL FEMINISTS WANTED A WEAKENED MASCULINITY.

THEY DIDN'T WANT STRONG AND DECISIVE MEN.

## OLD FASHIONED DAD

(AUTHORITY FIGURE)

### CATHOLIC OLD FASHIONED DAD:

- ① HE DIRECTED HIS CHILDREN TO VIRTUOUS ACTIVITY WHICH WOULD LEAD THEM TO HEAVEN.
- ② HE PROTECTED HIS FAMILY AGAINST HARMFUL INFLUENCES.
- ③ HE WAS THE RULE ENFORCER.
- ④ HE TOOK HEAT.

## THE NEW DAD

(FRIEND)

- ① NOW JUDGMENTAL
- ② GIVES EMOTIONAL SUPPORT

⑤ HE HELD THE LINE MORALLY!

## UNDER ATTACK! - THE TRADITIONAL ROLE OF FATHERHOOD

WITH THAT AS AN INTRODUCTION, WHAT DOES IT MEAN TO HONOR?

- ① SPEAKING WELL OF YOUR PARENTS.
- ② THINKING WELL OF YOUR PARENTS.
- ③ BEING ATTENTIVE TO THEM.
- ④ BEING THANKFUL TO THEM.
- ⑤ FOLLOWING YOUR PARENTS LEAD IN ENGAGING IN VIRTUOUS ACTIVITY. FOR EXAMPLE, GOING TO THE MARCH FOR LIFE IF THEY USED TO GO.
- ⑥ IF THEY HAVE DIED, PRAYING FOR THE REPOSE OF THEIR SOULS.

(THIS IS THE GOAL!)

ST. AUGUSTINE SAID THAT HUMAN BEINGS CAN RISE TO THE LEVEL OF THE ANGELS IF THEY LEAD A VIRTUOUS LIFE AND MAKE GOOD DECISIONS OR FALL TO A LEVEL BELOW ANIMALS (THE BEASTS) IF THEY SIN AND MAKE BAD DECISIONS.



WHERE ARE YOUR PARENTS ON THIS CONTINUUM?

SOME PARENTS ARE EASY TO HONOR ; WITH OTHERS IT IS CHALLENGING.

↓  
We will deal next with this group

SOME WOULD SAY THAT IF YOUR PARENT HAD DROPPED THE BALL, YOU SHOULD HONOR A PARENTAL FIGURE LIKE A COACH OR A TEACHER. YOU SHOULD HONOR SOMEONE YOU CLICK WITH. HOWEVER, THE COMMANDMENT DOESN'T SAY TO HONOR A FATHER FIGURE OR A MOTHER FIGURE. IT SAYS TO HONOR YOUR FATHER AND MOTHER.

### PRINCIPLES TO REMEMBER !

- ① RESENTMENT DOES YOU NO GOOD.
- ② YOU NEED TO FORGIVE YOUR PARENTS IF THEY HAVE HURT YOU, REALIZING THAT YOU AREN'T PERFECT EITHER.
- ③ YOU NEED TO USE POSITIVE SELF TALK, CONSTANTLY THINKING OF YOUR PARENTS VIRTUES, NOT THEIR FAILINGS.  
(Mental Training)      (Positive Spin)

THIS CAN BE HARD !!! MANY PEOPLE SPEND THEIR WHOLE LIFE TRYING TO RECONCILE THEIR CHILDHOOD.

AT PRESENT, PSYCHOLOGICAL HELP IS NO LONGER FREUDIAN, IT IS MORE TALK THERAPY (COGNITIVE THERAPY). THIS CAN ONLY GET YOU SO FAR.

YOU NEED GOD! YOU NEED A LOT OF GRACE!  
If you struggle in this area with this commandment, I would recommend DAILY MASS and WEEKLY CONFESSION.

ST. THOMAS AQUINAS — "GRACE HEALS THE EMOTIONS"

ST. PAUL VI SAID ABOUT FREQUENT COMMUNION —

- ① IT INTEGRATES THE PERSONALITY.
- ② IT STABILIZES THE EMOTIONS
- ③ IT UNITES FAMILIES OR GROUPS.
- ④ IT BINDS ONE TO GOD.

# THE 5<sup>TH</sup> COMMANDMENT

## THOU SHALL NOT KILL

YOU CAN'T TAKE INNOCENT LIFE

↓ BUT

- ① YOU CAN GO TO WAR AND DEFEND THE COUNTRY.  
- you shouldn't participate in an unjust war.
- ② YOU CAN DEFEND YOURSELF OR A FAMILY MEMBER AGAINST ATTACK.  
- your response to an attacker should be MEASURED.
- ③ CAPITAL PUNISHMENT: highly controversial

ABORTION - KILLING A UNBORN CHILD IS MORTALLY SINFUL!

- To procure an abortion or to help someone procure an abortion is GRAVELY WRONG. The person who gets an abortion is also EXCOMMUNICATED and has to get approval by the BISHOP to be reinstated. The Church does this to show the gravity of the action.
- It is good to ponder periodically what happens in an abortion.
- VOTING for someone who supports abortion makes you complicit in the actions of the whole abortion industry. THIS IS MORTALLY SINFUL!
- CATHOLIC POLITICIANS WHO SUPPORT ABORTION SHOULD BE EXCOMMUNICATED.

THE ABORTION PILL : This uses 2 medications.

MIFEPRISTONE BLOCKS PROGESTERONE WHICH STOPS FETAL GROWTH.

MISOPROSTOL CAUSES CRAMPING AND BLEEDING TO EMPTY THE UTERUS, SIMILAR TO A MISCARRIAGE.

IT IS USED UP TO 11 WEEKS.

2023 - 63% of abortions were performed using the abortion pill

20% of pregnancies in the U.S. end in abortion.

There are about 1,000,000 abortions performed in the U.S. yearly.

BY PRODUCTS OF AN ABORTION - The Church teaches that the embryonic or fetal tissue are the remains of a HUMAN PERSON and must be treated with the respect due to the human body, strictly opposing their use for research or commercial purposes. Life is sacred from conception meaning these remains are not mere medical waste, but human, deserving of dignity.

### WHAT ABOUT THE WOMAN !!!

- NO ONE SHOULD JUDGE A WOMAN WHO PROCURES AN ABORTION. YOU PROBABLY DON'T KNOW THE CIRCUMSTANCES; YOU DON'T KNOW THE PRESSURES SHE IS UNDER.

CONSIDER FOSTER CARE ! FOSTER CARE COUPLES TAKE CARE OF THE CHILD FOR THE 1<sup>ST</sup> COUPLE OF MONTHS OF LIFE WHILE THE BIRTH MOM (USUALLY SINGLE) IS TRYING TO DECIDE WHETHER SHE WILL BE ABLE TO KEEP HER BABY THE ALTERNATIVE IS ADOPTION.

# GOD CALLS US TO BE HEROIC!

I CAN'T THINK OF GREATER HEROISM THAN A YOUNG GIRL WHO WAS PROMISED A LOT BY A YOUNG MAN WHO THEN ABANDONED HER AND THEN SHE DECIDES TO KEEP THE BABY.

EUTHANASIA - GOD IS IN CONTROL OF LIFE.

WANTING TO ALLEVIATE A LOVED ONE'S SUFFERING IS ADMIRABLE. HOWEVER, YOU CAN'T KILL YOUR LOVED ONE TO EXPEDITE THE END OF THEIR SUFFERING.

WE DON'T KNOW EXACTLY WHY SOME PEOPLE SUFFER BUT SUFFERING CAN BE USED AS AN ATONEMENT FOR SIN. A LOVED ONE'S SUFFERING AT THE END OF LIFE MIGHT HELP THEM SPEND LESS TIME IN PURGATORY.

AT THE END OF LIFE OF A LOVED ONE :

## ① ORDINARY MEANS ARE OBLIGATORY —

These are treatments that offer a reasonable benefit without excessive pain, expense, or inconvenience.

BASIC CARE - nutrition, hydration, hygiene, & pain control

## ② EXTRAORDINARY MEANS ARE OPTIONAL —

These are treatments that offer little hope of significant recovery, or involve severe burdens (physical, psychological, financial) that outweigh the potential benefits.

IS A VENTILATOR ORDINARY OR EXTRAORDINARY MEANS?

DEBATABLE

SUICIDE - IT IS MORTALLY SINFUL TO KILL YOURSELF. WHY?  
BECAUSE GOD IS IN CONTROL OF LIFE.

↓ HOWEVER

NO ONE SHOULD JUDGE A PERSON WHO COMMITS SUICIDE. TO GET SO DESPONDENT THAT YOU TAKE YOUR OWN LIFE, SOMETHING WENT TERRIBLY WRONG AND YOU MIGHT NOT BE THAT CULPABLE. STILL, THE ACTION IS GRAVELY SINFUL.